FAQ's

Q: Why do victims stay with an abuser or return after they have left?

A: There are numerous reasons why victims stay with or maintain contact with abusers. Victims of abuse often love or care about the people who harm them.

Q: Does anger cause abuse?

A: Anger is a normal and healthy emotion. Abuse happens when an individual chooses manipulative, threatening or physically violent behavior to gain power and control over another individual.

Q: Does drug and/or alcohol abuse cause the violence and abuse?

A: Drugs and alcohol do not cause abuse or violence, however, the violence may intensify when using drugs or alcohol . Sometimes abusers will use these as an excuse for their behavior. (4)





out!

Get Help NOW!

Call

National Domestic Violence Hotlines:

1-800-799-7233

1-800-787-3224

National Suicide Prevention Helpline:

1-800-273-8255

El Paso's Center Against Sexual &

Family Violence Hotline

915-593-7300

Domestic & Teen Dating Violence

1-800-992-2600

Crisis Help Line – For Any Kind of Crisis

1-800-233-4357

Visit

www.thehotline.org www.casfv.org

Domestic Violence: The Effects on The People Involved



^{1.} Safe Horizon. (n.d.). *Domestic Violence: Statistics & Facts*. Retrieved April 27, 2015, from http://www.safehorizon.org/page/domestic-violence-statistics-facts-52.html

Safe Horizon. (n.d.). 10 Signs of Domestic Violence & Abuse. Retrieved April 27, 2015, from http://www.safehorizon.org/page/10-signs-of-domesticviolence--abuse-291.html

^{3.} Nonell, J. (2013, December 4). *The Pixel Project's "16 For 16" Campaign*. Retrieved May 1, 2015, from http://16days.thepixelproject.net/16-ways-to-stop-domestic-violence-in-your-community/

The Wisconsin Coalition against Domestic Violence. (n.d.). Frequently Asked Questions About Domestic Violence. Retrieved April 27, 2015, from http://wcadv.org/gethelp/FAQs

"Stand up for yourself and your rights as a human being.

You are strong.

You are beautiful

And there is more to life than walking on eggshells"

- Domestic Violence Survivor

What is Domestic Violence?

- Domestic violence is the act of physically, emotionally, or psychologically harming someone within your home or family.
- There can be violence on the spouse or children varying from case to case
- The range of domestic violence can be stretched into many different situations that differ from being aimed at the partner or spouse or even the children of the relationship.

Involvement of Domestic Violence

- There are many different ways to be involved in a domestic violence issue. There are situations where children in the home are unaware that it is going on, but there are even cases that show the involvement of children.
- Whether or not the children know can be crucial to the family. When children are aware of what is happening they are more likely to make an attempt to help whoever is in need.



Facts & Statistics

Domestic violence and abuse can happen to anyone, regardless of gender, race, ethnicity, sexual orientation, income, or other factors.

- 1 in 4 women will experience domestic violence during her lifetime.
- More than 60% of domestic violence incidents happen at home.
- Women ages 20 to 24 are at greatest risk of becoming victims of domestic violence.

Signs of Domestic Violence

- · Accuse you of cheating and being disloyal
- Make you feel worthless
- · Isolate you
- Intimidate and threaten to hurt you or someone you love
- Pressure or force you into unwanted sex

Solutions to Domestic Violence

- Know the signs
- · Get your community educated
- Check in regularly
- Be a resource
- · Be the back up
- Make the call, NOW

While there is no set solution to stopping domestic violence there are many people and organizations that are willing to help any victim's of domestic Violence. These organizations are spread out throughout the country so anybody who needs help can get it. Many can be reached by a phone call or also looking up their websites for more information on their services.

